

EMERGENCY MEDICINE: "STAYIN' ALIVE"

The Bee Gees' famous song is used for the title of this workshop not only because of its symbolic meaning. A small study performed by researchers from the University of Illinois College of Medicine at Peoria established that the Bee Gees disco song "Stayin' Alive" might also help people stay alive upon receiving the cardiopulmonary resuscitation (CPR), if their rescuer knows the 1977 tune. They found out that "Stayin Alive" has a beat of 103bpm, that's in sync with the recommended pace of 100bpm for the chest compressions given during CPR. Very interesting, isn't it?

This workshop will be a course (adjusted to all congress participants) during which you will get basic knowledge and skills in the pre-hospital management of some life-threatening conditions such as a cardiac arrest and severe external bleeding.

The workshop consists of three parts:

The first part is theoretical. We will talk about the basic methods of revival (BLS - Basic Life Support) using the Automatic External Defibrillator (AED) and about methods used to stop external haemorrhage.

The second part is a practical session during which you will be able to practice and improve your skills. An Ancient Chinese Proverb & An Educational Aphorism says:

"I hear and I forget. I see and I remember. I do and I understand."

The third part is made up of a realistic example of an accident, in which case you will be the life rescuer. You will use your skills and knowledge on the mannequins and live simulators. During these exercises you will initiate the best possible rescuing procedure for the injured before the ambulance arrives.

**Lecturers: Miloš Vujanović - 6th year medical student,
Faculty of Medicine Novi Sad, Serbia**

**Miloš Kovačević - 6th year medical student
Faculty of Medicine Novi Sad, Serbia**

**Supervisor: Miroslava Pjević MD, PhD - Head of the Chair of Emergency
Medicine of the Faculty of Medicine Novi Sad, Serbia**